

All About Myanmar

Yangon - Mandalay – Bagan - Popa – Kalaw – Inle Lake – Ngapali - Yangon

Itinerary Overview

Day	Destinations/Activities	Meals
Day 1	Mandalay Arrival	-
Day 2	Yangon City Tour	B
Day 3	Yangon - Mandalay – Amarapura – Ava – Sagaing – Mandalay	B
Day 4	Mandalay – Mingum – City Tour – Mandalay	B
Day 5	Mandalay – Popa by private car	B
Day 6	Popa – Bagan 2000 temples	B
Day 7	Bagan / Heho – Kalaw by am flight	B
Day 8	Kalaw – Inle Lake by private car & boat	B
Day 9	Inle Lake – Indein	B
Day 10	Inle Lake – Ngapali Beach	B
Day 11/12	Ngapali – Free days	B
Day 13	Ngapali – Yangon	B
Day 14	Yangon departure	B

Note*: B: Breakfast

Detailed Itinerary

Day 1 Yangon arrival

Welcome to Yangon, the largest city of Myanmar. Upon your arrival at the airport, our tour guide

will pick you up and transfer you to the hotel for check-in. The rest of the day is free for you to explore the city.

Meals: None

Accommodation: Hotel in Yangon

Day 2 Yangon City Tour

After breakfast, drive to "downtown" Yangon, a diverse mix of faded colonial architecture from the British times. It is good to start by walking in Downtown and you can start from traders down to Sule pagoda in the center of the city. Watch city hall, past colonial buildings such as the former Parliament, immigration offices. Proceed to Mahabandoola Park, which most impressive feature is a 152ft white obelisk Independence Monument. Then stop for visit to Bogyoke Aung San Market, also known as Scott's market and famous for its colonial architecture and inner cobblestone streets. It is one of the major bazaars in Yangon and give opportunity to do some shopping with hundreds of food, clothes, handicrafts, and gems stores. **(Note: Market closed on every Monday and public holidays).**

In the afternoon, you will visit to Chauk Htat Gyi Pagoda, home to a 70-meter long reclining Buddha. A visit to Chauk Htat Gyi provides a great overview of Buddhism with murals depicting the life of Buddha. The feet of the statue are carved with traditional symbols and often many locals gathering to pay homage and pray. One hour before sunset we will drive to Shwedagon Pagoda. We will climb up by foot from the south gate since you will see local shop selling flower and Buddha status and many other local produce on the way. After sundown, you will enjoy lighting in Pagoda and return to hotel.

Overnight in Yangon.

Meals: Breakfast

Accommodation: Hotel in Yangon

Day 3 Yangon - Mandalay - Amarapura - Ava - Sagaing

After breakfast at hotel, transfer to the airport for morning flight to Mandalay. Upon arrival, visit to the 18th century capital, Amarapura. Attend the daily meal of over thousand monks at the country's largest monastery; Mahagandayon. Visit a silk weaving workshop, the craft specialty of Amarapura. Then continue south of the city to Ava, the capital from 14th to 18th centuries, where a short ferry ride will take us across the river to where our horse and carriage are waiting. Visit the old wooden Bagaya Monastery and the remains of the Royal Palace and Fort. There are many small villages located amid Ava's ruins and as you travel by horse and cart you'll get a glimpse of local life in the Burmese countryside. In the afternoon cross the bridge over the

Irrawaddy River and continue to Sagaing. Covered with 600 white-painted pagodas and monasteries, Sagaing Hill is widely regarded as the religious centre of Myanmar. It is home to 3,000 monks and 100 meditation centers and you will visit pagodas such as Swan Oo Pon Nya Shin and U Min Thone Sae. Finish the day return toward the Mandalay city and stop at Amarapura, continue to U Bein Bridge for a walk along this 200 year-old teak bridge. The bridge was constructed of 984 teak posts that were once part of the deserted Inwa Palace and it is 1.2 kilometers in length making it the world's longest teak span. Enjoy a stroll along the bridge and the fabulous views of the surrounding farms and streams. Overnight in Mandalay.

Meals: Breakfast

Accommodation: Hotel in Mandalay

Day 4

Mandalay – Mingum – City Tour – Mandalay

After breakfast, you will be transfer for Jetty for a private boat across the river Ayeyarwaddy to visit Mingun. The dedications of King Bodawpaya such as the unfinished Pathodawgyi Pagoda a brick counterpart of pyramid in Egypt and the Mingun Bell, the second largest bell in the world are the most prominent religious heritages. Then visiting the Myatheintan Pagoda, the best representation of the Universe, will refresh your tiredness and fatigue. Return to Mandalay and then you will take a sightseeing tour of Mandalay which includes Mahamuni Pagoda, a life like Buddha image. Mandalay is the last capital of Myanmar and that make her to be the best place to see all the traditional arts and crafts. Start visiting gold leaf making work-place and see how the gold leaf is being made by hand in a traditional way. Continue visit the Old Palace grounds; Kuthodaw Pagoda, known as the world's largest book for its 729 marble slabs inscribed with the Buddha's Doctrine; Golden Palace Monastery, noted for its exquisite wood carvings and enjoy the panoramic view of the city from Mandalay Hill.

Overnight in Mandalay.

Meals: Breakfast

Accommodation: Hotel in Mandalay

Day 5

Mandalay – Popa by private car

After breakfast, the day begins with a visit to the Jade Market and then drive to Mt. Popa about 4 hours by car and stop on the way to visit village and walk for half and hour. On arrival excursion to the village of Mt. Popa. Tour highlights: toddy palm groves and jaggery cottage industry; Kyaukpadaung Market; Popa Village; and the famous Popa Taung Kalat, a tower-like volcanic plug lying on the south-western slope of Mt. Popa.).

Before sunset, you will reach to Popa Mountain Resort and stop the car in the medic herbal garden. Go to the point view and the start walking for about 25 minutes all the way to the resort. Overnight in Popa Mountain.

Meals: Breakfast

Accommodation: Hotel in Popa Mountain

Day 6 Popa – Bagan Temple Tour

After Breakfast at hotel, you will drive to Bagan stop on the way to visit village.

Today sightseeing features the colourful Nyaung Oo Market, the Shwezigon Pagoda and its magnificent golden stupa, Wetkyi-Inn, a cave temple with exquisite jatakas murals paintings and the elegant Htilominlo Temple noted for its fine plaster carvings and glazed sandstone decorations.

In the afternoon, visit Ananda, an architectural masterpiece of the early-style temple with two original standing Buddha images show facial expression change depending on the distance the statue is viewed from. The Ananda Okkyaung is one of the few surviving brick monasteries from the early Bagan period and the next temple to be visited, Thatbyinnyu, is the highest in Bagan, rising to 61 meters. End the day with a horse and carriage tour among the temples passing by the traditional village of Taungbi, Sulamani Temple and the massive Dhammayangyi Temple noted for its remarkable brickwork. End the day with a enjoy sunset at some nice area where available places, one of the ancient temples in Bagan or at view mount area. After sunset return to hotel. Overnight in Bagan.

Meals: Breakfast at hotel

Accommodation: Hotel in Bagan

Day 7 Bagan / Heho – Kalaw by morning flight

After breakfast at the hotel, you will transfer airport for a flight to Heho. Since arrive Heho airport your guide and car will welcome. Then enjoy a scenic drive to Kalaw, from there you will visit to the some village and the main attractions of Kalaw are the town itself, with its mock-Tudor colonial bungalows, its ethnic mix of people, and its setting within trekking distance of many ethnic minority villages. Kalaw is made up of a mixture of [Shan](#), [Palaung](#), Burman, Indian and Nepalese people. Many speak English well, having been taught in mission schools or by fluent parents. About 60,000 Palaung people inhabit the Plateau area. Return to hotel and overnight in Kalaw.

Meals: Breakfast

Accommodation: Hotel in Kalaw

Day 8

Kalaw – Inle Lake by car & boat tour

After breakfast at the hotel, From Kalaw , drive leads to Nyaung Shwe, the gateway village to Inle Lake. Along the way, stop at the wooden Shwe Yan Pyay Monastery which features beautiful carvings and a collection of Buddha images.

Upon reaching the edges of Inle Lake, board a private motorboat to head out to Inle Lake, one of Myanmar's most spectacular sights. Pass villages built on stilts over the lake, inhabited by the local Intha people. Observe the leg-rowing fishermen and see their floating gardens built up from strips of water hyacinth and mud and anchored to the bottom with bamboo poles. Visit Nga Hpe Chaung Monastery, which houses dozens of Shan Buddha Images, but is more famous for its unique 'jumping cats' who jump through hoops in the air! Continue to Phaung Daw Oo Pagoda, the lake's main sanctuary, which contains five sacred Buddha images covered in gold leaf.

Explore the local crafts of Inle Lake with a stop at the weaving village of Inpawkhone and a *cheroot* factory, where the typical Burmese cigars are made by hand. If time permits, there may be time to enjoy a short walk through one of the lakeside villages. Overnight on Inle Lake.

Meals: Breakfast

Accommodation: Hotel in Inle Lake

Day 9

Inle Lake - Indein

After breakfast, visit the lake's morning market. The market rotates its location around the lake's villages in a 5 day rhythm and is visited by lake inhabitants and surrounding hill tribes who come to sell and trade their wares. (Note: market is daily except on dark moon day and full moon day).

From the middle of the lake, continue down a small canal leading to the Pa-oh village of In Dein. Explore the area on foot, strolling around the village, visiting a local school, and wander through the beautiful Alaung Sitthou area. Alaung Sitthou is filled with picturesque ancient stupas and has magnificent views of the lake below.

Meals: Breakfast

Accommodation: Hotel in Inle Lake

Day 10 Inle Lake - Ngapali Beach

After breakfast at the hotel, you will leisure at hotel before transferring airport to Heho airport for your flight to Thandwe (Ngapali beach). On arrival, transfer from Thandwe airport to Ngapali Beach 20 minutes away. Here, in the Bay of Bengal you will find the beautiful beach of Ngapali with its charming fishing village and coconut trees. Relax on the most famous beach form Myanmar, or for the more active, enjoy various sports such as snorkeling, surfing, golf or cycling.

Meals: Breakfast

Accommodation: Hotel in Ngapali Beach

Day 11/12 Ngapali Beach – Free days

Enjoy free days to relax at nice hotel/resort in Ngapali

Meals: Breakfast

Accommodation: Hotel in Ngapali Beach

Day 13 Ngapali Beach – Yangon

Enjoy free days to relax till airport transfer for the flight to Yangon. Transfer to the hotel upon arrival. Free to explore Yangon.

Meals: Breakfast

Accommodation: Hotel in Yangon

Day 14 Yangon departure

Breakfast at the hotel and time to relax until transfer back to Yangon international airport for your onward flight.

Meals: Breakfast

Accommodation: n/a

*****End Service*****

List of hotels

3 Stars Hotels

CITY	HOTEL	ROOM TYPE
MANDALAY	Hotel New Wave https://www.hotelnewwave.com/	Superior
POPA	Popa Mountain Resort http://www.myanmartreasureresorts.com/popa-mountain/	Superior
BAGAN	Bagan Thande Hotel http://www.thandehotel.com/bagan/	Superior Bungalow
KALAW	Kalaw Heritage Hotel https://www.kalawheritagehotel.com/	Superior
INLE LAKE	Amata Garden Resort (Located on Land) http://www.amatainleresort.com/	Deluxe
YANGON	Summit Parkview Hotel http://www.summityangon.com/	Superior
NGAPALI	Pleasant View Resort http://www.pvrngapali.com/	Deluxe - Storey Building

4 Stars Hotels

CITY	HOTEL	ROOM TYPE
MANDALAY	The Link 78 Boutique Hotel http://www.edenhotelsandresorts.com/index.php/boutique-hotel/mandalay/the-link-78-mandalay-boutique-hotel	Superior
POPA	Popa Mountain Resort http://www.myanmartreasureresorts.com/popa-mountain/	Deluxe Garden View
BAGAN	Ananta Bagan Hotel (Free Mini Bar) http://www.anantabagan.com/	Deluxe
KALAW	Royal Kalaw Hills Resort http://www.royalkalawhillsresort.com/kh/	Deluxe
INLE LAKE	Novotel Inle Lake Hotel http://www.novotel.com/gb/hotel-9395-novotel-inle-lake-myat-min/index.shtml	Junior Suite
YANGON	Rose Garden Hotel http://www.theroseyangon.com/	Superior
NGAPALI	Amata Resort & Spa http://www.amataresort.com/	Superior

5 Stars Hotels

CITY	HOTEL	ROOM TYPE
MANDALAY	Pullman Mandalay Mingalar https://all.accor.com/hotel/9095/index.en.shtml	Superior

POPA	Popa Mountain Resort http://www.myanmar-treasureresorts.com/popa-mountain/	Deluxe Taungkalat View
BAGAN	The Hotel @ Tharabar Gate http://www.tharabargate.com/	Deluxe
KALAW	The Hotel Kalaw Hill Lodge http://www.kalawhilllodge.com/	Deluxe Villa
INLE LAKE	Sofitel Inle Lake Myat Min Hotel https://www.accorhotels.com/gb/hotel-A095-sofitel-inle-lake-myat-min-/index.shtml	Luxury Room
YANGON	Sule Shangri-la Hotel http://www.shangri-la.com/yangon/suleshangrila/	Superior
NGAPALI	Aureum Resort & Spa – Ngapali https://www.aureumpalacehotelandresortngapali.com/	Garden View Cottage

Inclusions & Exclusions

Inclusions

- All transfers and excursions with private air-conditioned vehicles with drivers
- Entrance fees for all sightseeing places
- 13 nights' accommodation at selected hotels (twin/double sharing) daily breakfast
- Internal flights by Air KBZ, Myanmar National Airline, Air Thanlwin or Golden Myanmar Airline including insurance surcharge (we would choose any depending on availability/time schedule) : Yangon – Mandalay, Bagan – Heho – Ngapali – Yangon (4 flights)
- Experienced English speaking station guide in each cities
- No additional charge/surcharge after confirmation
- Personalized customer service with 24/7 hotline support
- Meals as stated in the itinerary **Breakfast**
- Horse cart tour in Bagan
- Short boat trip & horse cart tour in Ava
- Private local boat for Mingun excursion
- Private local boat for Inle Lake excursions & transfer
- Services charges and government tax
- Daily water and refreshment tower
- Porter fees at airport

Exclusions

- Balloon over bagan - \$305/person (premium)
- Tips and gratuities for the guide, drivers, porters
- Travel insurance
- All entrance fees and sightseeing tickets as per itinerary
- International flights

- Drinks and beverage
- Other services not mentioned above
- Personal expenses, tips and gratuities
- Peak season or Public holidays surcharge if any
- Compulsory Gala dinner on X-Mas or New Year if any
- Visa arrangements for Myanmar
- International departure Airport Tax Yangon (USD 10/pax at present)

Booking Terms & Conditions

General booking procedure

E-Travel Myanmar required deposit of at least 30% of total tour cost to guarantee the booking. This amount can be paid by credit card (through a secured payment system), bank transfer, Western Union or PayPal.

Remainder of total tour cost must be paid in cash upon arrival or 2 weeks before departure date if by any other payment methods.

Transfer fee, if any, must be paid at customer's end. E-Travel Myanmar will recognize the amount received only.

Cancellation Policy

At E-Travel Myanmar Co.,Ltd, we do our best to minimize cancellation penalty for our guests but we must abide the cancellation policy of each service provider. Any cancellations should be made in writing.

Cancellation by the customer

Where the Customer cancels the tour, then the effective date of cancellation will be the date the company receives the written notification. The cancellation charge to the customer is listed below:

More than 60 days before departure	: 20% of total tour cost
Between 45 and 60 days before departure	: 35 % of total tour cost
Between 30 days and 45 days before departure	: 60 % of total tour cost
Between 15 days and 30 days before departure	: 75 % of total tour cost
14 day or less / No show	: 100 % of total tour cost

Cancellation Policy by E-travel Myanmar

If tour is not paid by the due date, the company shall have the right to cancel the tour. If we, at the request of the customer, agrees to delay cancellation of the tour then the company still cancels the tour for the customer's non-payment, the cancellation charges set out shall apply and be payable by the customer.

Responsibility

Except in situation beyond human control, E-Travel Myanmar will be held responsibility for any additional expense resulting from the change caused by us in itinerary, transportation, accommodation. Except in situation beyond human control, E-Travel Myanmar shall provide

compensatory service for participants or refund the difference in payment for service rendered below standard.

The detailed program and schedule flights are subject to change by airline without prior notice and in the accordance with the weather conditions and any daily operations of any consequently, itinerary might be adjust its power to assist done participants in boarding flight. If this occurs, E-travel Myanmar will do as courtesy to all or finding alternative arrangement. This is participants E-travel Myanmar cannot hold the responsibility for denied boarding, or additional charges occurred.

TRAVEL INSURANCE

Travel Insurance is not included. E-Travel Myanmar highly recommends you have travel insurance when traveling around Asia.